



**SUMMARY OF PROPOSED REGISTRATION REQUIREMENTS**  
**DRAFT for Discussion Purposes ONLY**

(Revised February 2, 2012)

Membership Category	Written Examination	Education & Training	Clinical Experience	Safe & Effective Use of Self	Comments
<b>Qualifying</b>	<ul style="list-style-type: none"> <li>o Jurisprudence and Professional Practice Exam</li> <li>o Registration (entry-to-practice) Exam</li> </ul>	Must be: 1) enrolled to take the registration exam, having successfully completed an education/ training program that meets stated requirements (see below); or 2) practising the profession under supervision, in order to fulfill full registration requirements, e.g. completing practicum or client contact hrs; or 3) completing additional course work after substantially completing education & training requirements.		Demonstrated through completion of education program	<p>Qualifying members will be permitted to use the titles:</p> <ul style="list-style-type: none"> <li>o Registered Mental Health Therapist (Qualifying)</li> <li>o Registered Psychotherapist (Qualifying)</li> </ul> <p>Abbreviation: RP or RMHT (Qualifying)</p>
<b>Registered Psychotherapist</b>	<ul style="list-style-type: none"> <li>o Jurisprudence and Professional Practice Exam</li> <li>o Registration (entry-to-practice) Exam</li> </ul>	Successful completion of an education/ training program that: 1) requires an undergraduate degree for admission; 2) includes a min. 360 hrs education / training in psychotherapy; and 3) develops identified competencies (Schedule B); or completion of equivalent education/ training, or a program in indigenous practice that develops competencies set out in Schedule B.	Completion of min. 450 client contact hrs & 100 hrs clinical supervision <sup>1</sup> (individual, dyadic, or group)	<p>Must have completed education components that develop competency in the safe &amp; effective use of self in the psychotherapeutic relationship, as defined in Schedule B.</p> <p>Identified as a key competency to be included in entry-to-practice competency profiles, and incorporated into education/ training programs.</p>	<p><b>Currency Requirement:</b> must have completed education &amp; training program, <b>or</b> clinical experience requirement, (450 client contact hrs + 100 hrs clinical supervision) <b>or</b> registration exam within 12 months prior to application; <b>or</b> completed 750 practice hrs within previous 3 yrs. NOTE: Practice hrs may include a range of professional activities.</p> <p>May not practise independently, i.e. without clinical supervision, until completing an additional 550 client contact hrs + an additional 50 hrs of clinical supervision.</p>
<p><b>Registered Psychotherapist (Grandparented)</b></p> <p>A time-limited, alternate route to registration for established <i>Ontario</i> practitioners (not a separate category of membership)</p>	<p>Jurisprudence and Professional Practice Exam</p> <p><b>Not required to write Registration Examination</b></p>	<p>Must provide portfolio evidence of an appropriate level of relevant education, training &amp; experience related to the scope of practice of the profession<sup>2</sup> with a focus on psychotherapy, which achieves identified competencies.</p> <p><b>Proposed:</b> portfolio information to be evaluated using a point system &amp; weighted scale; applicant must achieve a certain benchmark through combined scores for education/training, clinical experience, &amp; other professional activities, etc.</p>		<p>Must provide portfolio evidence demonstrating competency in the safe &amp; effective use of self in the psychotherapeutic relationship, as defined in Schedule B (details TBD).</p>	<p><b>Currency Requirement:</b> 750 practice hrs (500 in Ontario) during 3 yrs prior to application (may include a range of professional activities).</p> <p>May not practise independently, i.e. without clinical supervision, until completing a total of 1000 direct client contact hrs and 150 hrs of clinical supervision.</p>

<sup>1</sup> See other side for definition of clinical supervision

<sup>2</sup> **Scope of Practice** as set out in the *Psychotherapy Act, 2007*

Membership Category	Written Examination	Education & Training	Clinical Experience	Safe & Effective Use of Self	Comments
<b>Registered Mental Health Therapist</b>	<ul style="list-style-type: none"> <li>○ Jurisprudence and Professional Practice Exam</li> <li>○ Registration (entry-to-practice) Exam</li> </ul>	Successful completion of: 1) a min. 2-yr diploma program related to the scope of practice of psychotherapy, with min. 5 semester courses/ 180 hrs central to the practice of psychotherapy (or equivalent); or 2) a program in indigenous practice that develops competencies identified in Schedule A of the Regulation.	Completion of a structured, comprehensive, supervised & evaluated program of clinical experience (min. 900 hrs), e.g. practicum/ co-op placement/ work term), etc.  (details TBD)	Must have completed education components that develop competency in the safe & effective use of self in the psychotherapeutic relationship, as defined in Schedule A.  Identified as a key competency to be included in entry-to-practice competency profiles.	<b>Currency Requirement:</b> same as for RPs (see over) with practicum, instead of client contact hrs + supervision  Registration exam will differ from that for Reg. Psychotherapists.  May not practise independently until the member has been registered for a min. 3 yrs; must complete additional courses, and a total of 1000 direct contact hrs + 150 hrs of clinical supervision.
<b>Registered Mental Health Therapist (Grandparented)</b> <i>A time-limited, alternate route to registration for established Ontario practitioners (not a separate category of membership)</i>	<ul style="list-style-type: none"> <li>○ Jurisprudence and Professional Practice Exam</li> <li>○ Registration (entry-to-practice) Exam</li> </ul>	Must provide portfolio evidence of an appropriate level of education/ training & experience related to the scope of practice of psychotherapy.  <b>Proposed:</b> portfolio information to be evaluated using point system & weighted scale; the applicant must achieve a certain benchmark through combined scores for education/training, experience, and other professional activities (details TBD).  <b>Proposed:</b> experience to include direct client contact hrs and case supervision. <sup>3</sup>		Must provide portfolio evidence demonstrating competency in the safe and effective use of self in the psychotherapeutic relationship, as defined in Schedule A (details TBD).	<b>Currency Requirement:</b> 750 practice hrs (500 in Ontario) during 3 yrs prior to application (may include a range of professional activities).  May not practise independently, i.e. without supervision, until completing additional courses (details TBD), a total of 1000 direct contact hrs & 150 hrs of clinical supervision
<b>Temporary</b>	<ul style="list-style-type: none"> <li>• Must have an offer of employment to practise or teach in Ontario for no longer than 9 months.</li> <li>• Must hold a valid Certificate of Registration as a RMHT or RP (or equivalent title) in another jurisdiction.</li> <li>• A member of the College must agree to be responsible for ensuring continuing care to clients after the applicant leaves the province, or after his/her temporary certificate expires.</li> <li>• May use title: Registered Mental Health Therapist (Temporary) or Registered Psychotherapist (Temporary), as appropriate.</li> </ul>				
<b>Inactive</b>	<ul style="list-style-type: none"> <li>• Must have previously held a certificate of registration with the College as an RMHT or RP.</li> <li>• May not provide client care; may not provide supervision; and may not make any claims regarding competence in the profession.</li> </ul>				

**Clinical supervision:** a contractual relationship in which a clinical supervisor engages with a supervisee to safeguard the welfare of the client; discuss the direction of therapy and the therapeutic relationship; promote the professional growth of the supervisee; and enhance the supervisee's safe & effective use of self in the therapeutic relationship.

**Note:** All members will have access to the controlled act of psychotherapy; grandparented members in both categories are entitled to use the appropriate title (Reg. Psychotherapist or Reg. Mental Health Therapist)

See draft Registration Regulation: [www.collegeofpsychotherapists.on.ca](http://www.collegeofpsychotherapists.on.ca)

see over ...

<sup>3</sup> **Case supervision** is the oversight of a practitioner's clinical work by a supervisor or manager in order to protect the safety and well-being of clients served by the practitioner, usually in an agency or institutional context.